

# DENGUE

## More than a buzz

Dengue is a viral disease spread through mosquito bites, particularly if the mosquito has previously bitten an infected person.

While Dengue is most commonly found in tropical and subtropical regions worldwide, it can also reach Europe through individuals infected with the virus returning from countries where the disease is prevalent.

### PROTECT YOURSELF



- Dress in covering, light-colored clothing
- Apply repellent sprays and products directly to your bare skin
- Limit the use of perfumes, deodorants, creams and aftershave
- Whenever possible, use mosquito nets

### TRAVEL SAFELY



- Before your trip, find out more on: [viaggiasesicuri.it](http://viaggiasesicuri.it) and [fitfortravel.nhs.uk](http://fitfortravel.nhs.uk)
- Contact the Travel Medicine clinic in the different local health companies (ASL) in Puglia
- Ensure you receive the required vaccinations and contemplate getting the suggested ones as well

### LET'S PREVENT!



- Eliminate any stagnant water from pots, planters, containers and gutters
- Utilize larvicide products



Read more on:  
[rpu.gl/dengue](http://rpu.gl/dengue)  
or scan the QR Code



REGIONE  
PUGLIA



Puglia Salute



prevenzione  
Puglia